



Giving Blood: a feel good act!

Saint-Laurent, June 4, 2019 – Do you want to make a difference? Give blood! Donating blood is an act of solidarity that costs nothing, takes only a few minutes of your time and helps save lives.

Fire Safety Departments of Town of Waterloo and the Township of Shefford invite you to the blood drive to be held on Tuesday, June 25th from 1:00 p.m. to 7:30 p.m., at Saint-Bernardin Church located at 5005 Foster Street in Waterloo. The objective of the blood drive is 90 donors.

In Québec, someone needs blood every 80 seconds. The collective blood supply belongs to all. Regardless of where the blood is collected, it is processed and tested, and then sent wherever it is necessary to contribute to saving lives. Every day, Héma-Québec must collect at least 1,000 blood donations to meet all the needs of Québec hospitals.

Who can donate?

Any healthy person aged 18 or older can generally donate blood. If you've travelled outside the country, check if your destination is considered at risk for malaria, the Zika virus or other similar viruses. Before going to a blood drive, you can verify your eligibility by contacting Donor Services at 1-800-343-7264 or by visiting the Héma-Québec Web site at www.hema-quebec.qc.ca, *BLOOD > DONORS > Who Can Donate?* section. Donors are allowed to give blood every 56 days which is six times per year.

About Héma-Québec

Héma-Québec's mission is to efficiently meet the needs of the Québec population for quality blood and other biological products of human origin.

Héma-Québec encompasses 1,300 employees and nearly 225,000 blood, stem cell, mother's milk and human tissue donors, in addition to thousands of blood drive volunteers. Each year, Héma-Québec delivers some 750,000 human biological products to Québec hospitals to meet the needs of patients.

Give blood. Give life.

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Information:

Héma-Québec

Media line | 514 832-0871

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donor clinic

PRESS RELEASE

www.hema-quebec.qc.ca

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